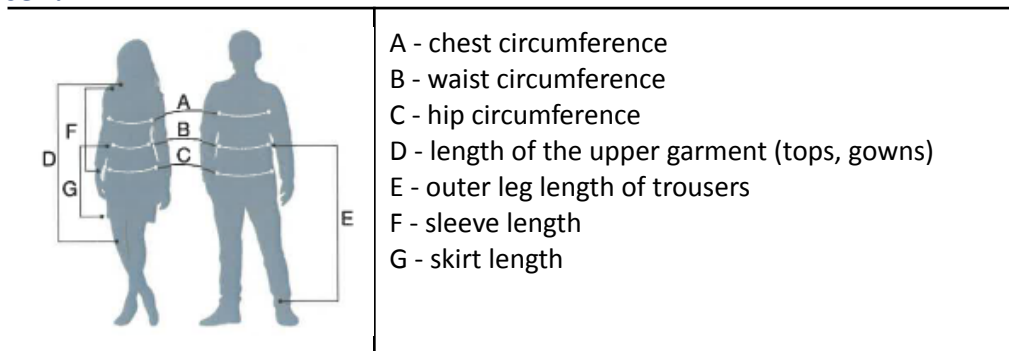


## How to measure yourself?



Female clothing									
Parameter	Size								
	XS	S	SM	M	ML	L	LL	XL	XXL
	36	38	40	42	44	46	48	50	52
Chest circumference	92	96	100	104	108	112	116	120	126
Waist circumference	82	86	89	92	96	100	104	108	116
Hip circumference	98	102	104	108	112	116	120	124	132

Length of female clothing				
Height	158	164	170	176
length of the upper garment - tops	68	70	72	74
length of the upper garment - gowns	92	92	96	96
length of the short sleeve	22			
length of the long sleeve	59	59	61	61
outer leg length at the trousers	102	104	106	108
długość spódnicy mierzona od pasa	55	57	59	61

Male clothing							
Parameter	Size						
	S	SM	M	ML	L	XL	XXL
	48	50	52	54	56	58	60
Chest circumference	106	110	114	118	122	128	134
Waist circumference	90	94	96	98	106	116	126
Hip circumference	106	110	114	118	122	128	134

Length of male clothing				
Height	170	176	182	188
length of the upper garment - tops	80	82	84	86
length of the upper garment - gowns	98	98	102	102
length of the short sleeve	28			
length of the long sleeve	61	61	63	63
outer leg length at the trousers	105	107	109	111

Unisex female-male clothing								
Parameter	Size							
	XS	S	M	L	XL	XXL	3XL	4XL
Chest circumference	96	104	110	116	120	124	130	138
Waist circumference	90	95	100	105	110	115	120	128
Hip circumference	96	104	110	116	120	124	130	138

Length of unisex female-male clothing			
Height	158-164	170-176	182-188
length of the top	65	70	75
length of the short sleeve	22		
outer leg length at the trousers	102	106	110